FREE RESOURCES LIBRARY · SOURCE NOTES

References Companion

Where the factual and legal statements in the Free Resources Library come from. Laws, guidance and web addresses change — check the original before relying on it.

> These resources are general education. They are not legal, medical, financial or compliance advice, and they do not replace your employer's, school's or agency's policies. Where a primary legal or agency source exists, it is listed first.

The Family Safety One-Pager

Scammers use AI to enhance their family emergency schemes — U.S. Federal Trade Commission, Consumer Alert (A. Puig), 20 March 2023

consumer.ftc.gov/consumer-alerts/2023/03/scammers-use-ai-enhance-their-family-emergency-schemes

A voice can be cloned from a short clip; don't trust the voice; call the person back on a number you know; try other family or friends.

Checked 12 Nov 2026: the alert is listed on the FTC's own consumer-alert index and republished by Los Angeles County. The FTC page itself could not be opened from our review environment — open it to confirm.

Criminals Use Generative Artificial Intelligence to Facilitate Financial Fraud — FBI Internet Crime Complaint Center, PSA I-120324-PSA, 3 December 2024

www.ic3.gov/PSA/2024/PSA241203

Agree a secret word or phrase with family; hang up and call back on a number you look up yourself; be wary of requests for gift cards or cryptocurrency; report at ic3.gov.

Checked 12 Nov 2026: page read; supports the use above.

What To Do if You Were Scammed — U.S. Federal Trade Commission, consumer advice

consumer.ftc.gov/articles/what-do-if-you-were-scammed

Contact the bank, card, gift-card, wire or payment-app company quickly and ask for a reversal or refund; IdentityTheft.gov if an SSN was shared; report at ReportFraud.ftc.gov.

Checked 12 Nov 2026: page read; supports the use above.

Update on scammers impersonating the IC3 — FBI Internet Crime Complaint Center, PSA I-072026-PSA, 20 July 2026

www.ic3.gov/PSA/2026/PSA260720

IC3 will never ask for payment to recover lost funds; DOJ Elder Justice Hotline 1-833-FRAUD-11 (833-372-8311) for victims aged 60 or over.

Checked 12 Nov 2026: page read; supports the use above.

AI in the Classroom and the Student Guide

U.S. Department of Education Issues Guidance on Artificial Intelligence Use in Schools — U.S. Department of Education, press release and Dear Colleague Letter, July 2025

www.ed.gov/about/news/press-release/us-department-of-education-issues-guidance-artificial-intelligence-use-schools-proposes-additional-supplemental-priority

Guidance stressing ethical use, parent and teacher engagement, attention to privacy, and alignment with applicable statutory and regulatory requirements.

Checked 12 Nov 2026: page read; supports the use above.

Protecting Student Privacy While Using Online Educational Services: Requirements and Best Practices — U.S. Department of Education, Privacy Technical Assistance Center, February 2014

studentprivacy.ed.gov/resources/protecting-student-privacy-while-using-online-educational-services-requirements-and-best

Whether FERPA applies depends on the service; schools should know which online services are in use and have a process to evaluate and approve them. Basis for “use approved tools.”

Checked 12 Nov 2026: page read; supports the use above.

What You May and May Not Type

N.C. Gen. Stat. § 132-1, “Public records” defined — North Carolina General Assembly (primary source)

www.ncleg.gov/EnactedLegislation/Statutes/HTML/BySection/Chapter_132/GS_132-1.html

Example of a state definition: public records include electronic data-processing records made or received in connection with public business. Other states’ laws differ.

Checked 12 Nov 2026: page read; supports the use above.

The Intersection of Artificial Intelligence and the Public Records Act — UNC School of Government, Coates' Canons blog, March 2026 (legal commentary)
canons.sog.unc.edu/blog/2026/03/11/the-intersection-of-artificial-intelligence-and-the-public-records-act/
Commentary that, in North Carolina, AI prompts and outputs made in public business are generally public records subject to retention schedules.
Checked 12 Nov 2026 through search results quoting the post. Secondary source; the statute above is the primary authority.

Washington city officials are using ChatGPT for government work — Cascade PBS and KNKX, published by OPB, August 2025 (news)
www.opb.org/article/2025/08/31/washington-city-officials-chatgpt-work/
Example that chat logs have been released through public records requests.
Checked 12 Nov 2026 through search results. News report, used only as an example.

Public access to Pennsylvania officials' AI conversations may be limited after agency ruling — WPSU, 18 February 2026 (news)
radio.wpsu.org/2026-02-18/public-access-to-pennsylvania-officials-ai-conversations-may-be-limited-after-agency-ruling
Example that treatment differs by state: a Pennsylvania ruling shielded many AI logs.
Checked 12 Nov 2026 through search results. News report; the underlying ruling was not reviewed.

The De-Identification Checklist

45 CFR § 164.514(b), requirements for de-identification — Electronic Code of Federal Regulations (primary source)
www.ecfr.gov/current/title-45/subtitle-A/subchapter-C/part-164/subpart-E/section-164.514
The two de-identification methods and the Safe Harbor identifier list.
Checked 12 Nov 2026: the regulation was located; its text is summarized through the HHS guidance below.

Guidance Regarding Methods for De-identification of Protected Health Information — U.S. Department of Health and Human Services, Office for Civil Rights

www.hhs.gov/hipaa/for-professionals/special-topics/de-identification/index.html

Expert Determination and Safe Harbor; identifiers of the individual and of relatives, employers and household members; "actual knowledge"; all date elements except year; ages over 89; free text is not exempt; full-face photos; any other unique identifying number, characteristic or code.

Checked 12 Nov 2026: page read; supports the use above.

The 60-Second Reset

In Crisis? Find Help Now — U.S. Substance Abuse and Mental Health Services Administration (SAMHSA)

www.samhsa.gov/find-support/in-crisis

Call or text 988, or chat at 988lifeline.org, to reach a trained crisis counselor any time.

Checked 12 Nov 2026: page read; supports the use above.

About the 988 Suicide & Crisis Lifeline — Commonwealth of Massachusetts

www.mass.gov/info-details/about-the-988-suicide-and-crisis-lifeline

988 is for anyone in emotional distress or suicidal crisis; if someone is in immediate danger, call 911 first.

Checked 12 Nov 2026 through search results quoting the page.

Resources with no outside source

The 12-Point AI Readiness Checklist, Talking to Your Kids About AI and Our Family AI Agreement are practical guidance written for this library. They make no legal or statistical claims. The checklist is an unvalidated educational self-check.

Questions or corrections: calmgrindco.com · info@calmgrindco.com